

**Keep Moving
Keep Active
Keep Fit**

The ARC is excited to bring you our New Fall Programming for 2015!!

Kids Ball Hockey on the rink runs Thursdays from Sept 17th to November 5th at 6-7pm.

Cost is \$25 per child, players from JK-Grade 6 welcome!

Helmets with cages required, gloves and sticks recommended.

2nd Annual **Spooktacular Haunted Walk**, Saturday October 24th opens 5pm at the ARC

****NEW for 2015!!****

Kids Basketball runs Thursdays from November 12th to December 17th at 6-7pm in the Admaston Public School gymnasium. Cost is \$25 per child, players from JK-grade 6 welcome! Indoor running shoes required.

Men's Outdoor Basketball on the rink starts September 14th, from 7-8pm,
runs Mondays until the weather turns, \$20 per player for the season

Contact Angela @ 613-433-3150 for more info